

**Newaygo County Mental Health**  
**Minutes of the Regular Meeting**  
**December 8, 2022**  
**10:00 a.m.**

**Call to Order/Welcome/Prayer**

The regular monthly meeting of the Board of Directors of Newaygo County Mental Health was called to order by Chair DeLaat at 10:00 a.m. on Thursday, December 8, 2022 in the Board Conference Room.

Member Taube opened the meeting with prayer.

**Roll Call**

Members Present: Ralph Bell, Sarah Boluyt (Zoom), Kathy Broome, Ken DeLaat, Catherine Kellerman, Bryan Kolk, Todd Koopmans, Wayne Mast, Michelle Petz, Helen Taube, and Sue Twing

Others Present: Jeff Labun, COO; Denise Russo-Starback, Clinical Director; Shannon Woodside, recording secretary; Wendi Selmon, Director Children and Family Services

**Communications from the Public**

No communication from the public.

**Approval of Agenda**

**Motion** by Member Kolk, supported by Member Mast, to approve the agenda as presented. No discussion; motion carried unanimously.

**Approval of Regular Minutes**

**Motion** by Member Kellerman, supported by Member Mast, to approve the minutes of the Regular Board meeting of December 8, 2022 as presented. No discussion; motion carried unanimously.

**Presentation**

Wendi Selmon, Director of Children and Family Services presented on Caring 4 Students (C4S). This program was initiated by NC RESA who reached out to us to see if they could contract with us. They had funding from 31N, which would allow them to utilize resources, CMH come into the school to provide mental health services. Three youth staff are serving CMH clients and C4S students (20 hours each, per week). This service is only done in the school. We serve five school districts: Newaygo Elementary, Fremont Middle and High School, Big Jackson and Quest (alternative education). Questions were addressed.

**Directors Update**

Reviewed Director Mills written report with questions were addressed.

### **Executive Committee**

Reviewed minutes from December 6, 2022.

#### *John Hancock and ICMA Retirement*

**Motion** by Member Koopmans, supported by Member Bell, to move John Hancock and ICMA Retirement to Empower, authorize Executive Director to execute any and all necessary documents, and appoint the Executive Director and Chief Operating Officer as plan administrators. Discussion took place; motion carried unanimously.

No meeting scheduled.

### **Finance**

Check Register and Cash Statement were reviewed with inquiries addressed by Jeff Labun, Chief Operating Officer.

No meeting scheduled.

### **Policy Committee**

Reviewed minutes from November 15, 2022.

**Motion** by Member Bell, supported by Member Mast, to approve all policies and forms from November 15, 2022 Policy Committee meeting. Discussion took place; motion carried unanimously.

No meeting scheduled.

### **Recipient Rights**

Reviewed minutes from November 14, 2022.

**Motion** by Member Broome, supported by Member Koopmans, to approve all policies and forms from November 14, 2022 Recipient Rights meeting.

No discussion; motion carried unanimously.

Next meeting is February 13, 2023 at 10:00 a.m.

### **Consumer Advisory Committee (CAC)**

The following items were discussed regarding Empowerment network.

- Discussed if lunch being served on a daily basis
- Are clients there on a regular basis

No meeting scheduled.

### **Promotion & Education Committee**

Reviewed minutes from November 28, 2022.

No meeting scheduled.

## **Mid-State Health Network (MSHN)**

*MSHN Board Alternate*

**Motion** by Member Kellerman, supported by Member Mast, to appoint Member Kolk as alternate to Mid-State Health Network Board of Directors. Discussion took place; motion carried unanimously.

## **Community Mental Health Association (CMHA)**

Member Kellerman reported on the following:

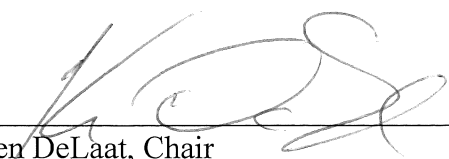
- Three-pronged strategy
  - Money for Direct Care Workers
  - Access to care
  - Inpatient beds
- It's believed that the State of Michigan will be making CCBHC a central and permanent part of the State mental health system.
- Attendance at Fall Conference was 605
- PAC – please donate


## **Communications from the Public**

No communication from the public.

## **Adjournment**

**Motion** by Member Kolk, supported by Member Mast, to adjourn the meeting at 11:34 a.m. No discussion; motion carried unanimously.

  
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Ken DeLaat, Chair

  
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Helen Taube, Secretary